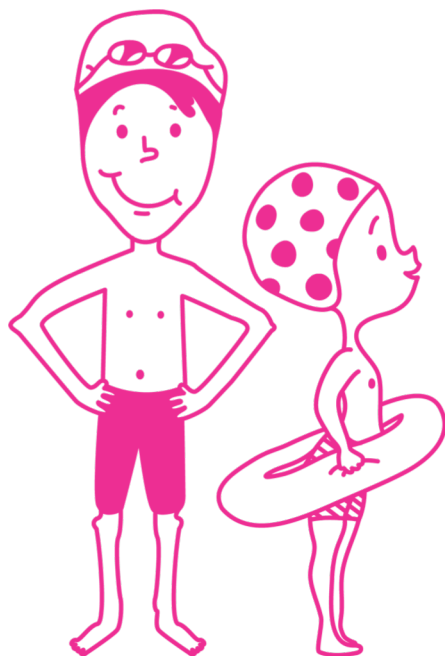


# January – March 2020

## SCHEDULE & APPLICATION FORM



# SWIMMING WORKSHOP

COACHING WITH A DIFFERENCE

January							February							March						
M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S
		X		X	X	X						1	2							1
X	X	X		X	X	X														
13	14	X					3	4	5		7	8	9	2	3	4		6	7	8
20	21	22					X	11	12		14	15	16	9	10	11		13	14	15
27	28	29					17	18	19		X	X	X	16	17	18		20	21	22
			No classes available				X	26	26		28	29		23	24	25		27	28	29
				31						No classes available				30	X					

Any dates marked with an **X** indicate that no lessons are held on that specific date only.

[WWW.SWIMMINGWORKSHOP.COM](http://WWW.SWIMMINGWORKSHOP.COM)

Contact us on  
swimmingworkshop@gmail.com





## Starfish Level - Parent & Child Class

1 ½ years old– 3 ½ years old

Infants will be introduced to buoyance and balance, breath control, safety skills, and back floating. Introduction to different kicking skills & other exercises specializing in safety skills and swimming unaided. It is compulsory that one parent must be present on deck / in the water during the lesson.



## Crab Level

3 years old and over only

Crab: Total non-swimmer, cannot swim without an aid. Can sit down alone (without a guardian) in a group of 5 children.

Advanced Crab: Comfortably submerges face under water and can swim only a short distance independently. Can sit down alone (without a guardian) in a group of 5 children.



## Turtle Level

For children who are comfortable in the water without any support & capable of swimming up to 10 meters unaided. At this level children will start learning the basics of freestyle, backstroke & breaststroke technique.



## Seal Level

Seal : Able to swim 25 meters unaided. Ready to learn the advanced technique of freestyle, backstroke & breaststroke.

During these classes children should have a pair of goggles. and can be purchased directly from us. They delivered and adjusted for your child's needs during his first lesson.

### IMPORTANT NOTICE

It is compulsory for all children to have suitable swimming attire, such as a compulsory swimming cap goggles and bathing suit. We will have a selection available which can be purchased directly from us

Contact us on  
[swimmingworkshop@gmail.com](mailto:swimmingworkshop@gmail.com)

## FEE & PAYMENT DETAILS

### Crab / Turtle / Seal

1 lesson/week - 90 Euro

2 lessons/week - 160 Euro

3 lessons/week - 210 Euro

### Starfish (compulsory that one parent must be present in the water during the lesson)

1 lesson/week - 135 Euro

2 lessons/week - 255 Euro

Vat No: 1891-9236

SEND YOUR APPLICATION FORM & PAYMENT TO THE FOLLOWING ADDRESS:

18/ TWENTY TWO, TRIQ IS-SAGHTAR, MADLIENA, SWQ1402



## Instructions on how to book

1. Complete the general information in full, read and sign our "rules & regulations" clause below.
2. Complete both pages by selecting the adequate group and level on the first page and, the time and place selected, on the second page.
3. Send this application form & payment to the following address:
4. 18/ twenty two, Triq is-Saghtar, Madliena, SWQ1402.

Child`s Name: \_\_\_\_\_ Child`s Date Of Birth : \_\_\_\_/\_\_\_\_/\_\_\_\_

Address: \_\_\_\_\_

Mobile no: \_\_\_\_\_

Email Address: \_\_\_\_\_

Allergies / Medication Reactions / Attention Difficulties / Behavioral Problems; list if any

\_\_\_\_\_

Mark with an X in the ☐ the adequate group for your child's safety.

Starfish	<input type="checkbox"/>
Crab	<input type="checkbox"/>
Advanced Crab	<input type="checkbox"/>

Turtle	<input type="checkbox"/>
Seal	<input type="checkbox"/>

## KINDLY READ BEFORE APPLYING - RULES AND REGULATIONS

- Any cancellations by applicants, before or after payment and application form have been submitted, will be charged a 15euro cancellation fee. No refunds will be given before after the start of the term date listed on the front of the page.
- All children need to wear a swimming cap and a proper swim suit during the lesson. Any children who are not potty trained must wear a swimming nappy.
- Parents are to accompany children to meet their coach, who is responsible for the children only during the swimming lesson.
- During the lessons, parents should remain at a safe distance and observe the lesson, they may be asked to assist the coach if any need too arises. (accompanying a child to the bathroom)
- Strictly no swimming is permitted before or after the swimming lesson.
- Should a child misbehave during a session, they may be asked to sit out for the rest of it by the coach in charge.
- Any swimming lessons missed during the term are not refundable and may not be replaced or forwarded to the following term. Head Coaches may deem necessary to make changes to the group in which you have applied for due to safety reasons or any other factors.
- Punctuality is important. Any late comers will have to make their own way, only if allowed by the receptionist. (Tal Qroqq, Msida only)
- Parents are not allowed to wait on deck and should also follow any rules stipulated by the complex. (Tal Qroqq, Msida only)
- Parents will not be allowed on the deck unless they are wearing overshoes at all times. (Ta Qali Only)
- **It is the responsibility and clear understanding of the parent/guardian of the child, keeping in mind any of their child's health conditions towards participating in activities which involve a certain amount of exertion.**

## Payment Details & Affirmation of RULES AND REGULATIONS 2019

ALL CHEQUES ARE PAYABLE TO EITHER  
NEIL AGIUS OR MARK BUTTIGIEG

I enclose total payment of \_\_\_\_\_ € by cash

Cheque number: \_\_\_\_\_

Guardians` name: \_\_\_\_\_

Signature: \_\_\_\_\_

*To affirm our rules and regulations, kindly sign above. Any participants who do not fill in an application form, for any given reason, but fully participate in our lessons are automatically agreeing and should abide to our rules and regulations stated above.*



### Instructions on how to book

1. Complete the general information in full, read and sign our "rules & regulations" clause below.
2. Complete both pages by selecting the adequate group and Level (according to age) on the first page and, the time and place selected, on the second page.
3. Send this application form & payment to the following address: 18/ twenty two, Triq is-Saghtar, Madliena, SWQ1402.

Important: Keep the front page in order to follow the lesson schedule dates.

## LOCATION: MFA Swimming Indoor Pool, Ta Qali

### Starfish Level - Mark with an X in the ☐ only in the slots available

	09:00 – 09:45	09:50 – 10:35	10:40 – 11:25	11:30 – 12:15	12:00 – 12:45	12:50 – 13:35	13:40 – 14:25	14:30 – 15:15	15:00 – 15:45	15:45 – 16:30	16:35 – 17:20	17:25 – 18:10	18:15 – 19:00	19:05 – 19:50
Monday										<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Tuesday										<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Wednesday									<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Friday													<input type="checkbox"/>	
Saturday					<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>						
Sunday	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>										

### Crab Level or Turtle Level - Mark with an X in the ☐ only in the slots available

	09:00 – 09:45	09:50 – 10:35	10:40 – 11:25	11:30 – 12:15	12:00 – 12:45	12:50 – 13:35	13:40 – 14:25	14:30 – 15:15	15:00 – 15:45	15:45 – 16:30	16:35 – 17:20	17:25 – 18:10	18:15 – 19:00	19:05 – 19:50
Monday										<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Tuesday										<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Wednesday										<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Friday													<input type="checkbox"/>	<input type="checkbox"/>
Saturday					<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>						
Sunday	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>										

### Seal Level - Mark with an X in the ☐ only in the slots available

	09:00 – 10:00	10:00 – 11:00	11:00 – 12:00	12:00 – 13:00	13:00 – 14:00	14:00 – 15:00	15:00 – 16:00	16:00 – 17:00	17:00 – 18:00	18:00 – 19:00	19:00 – 20:00
Monday								<input type="checkbox"/>	<input type="checkbox"/>		
Tuesday								<input type="checkbox"/>	<input type="checkbox"/>		
Wednesday								<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Friday										<input type="checkbox"/>	<input type="checkbox"/>
Saturday				<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>				
Sunday	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>								

## LOCATION: Tal-Qroqq Outdoor Sports Complex, Msida

### Seal Level - Mark with an X in the ☐ only in the slots available

	10:00 – 11:00
Saturday	<input type="checkbox"/>

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